

Keto Meal

Vanilla Flavour

Food supplement with medium chain triglycerides (MCT), whey protein, L-leucine and fibre. With sweetener.

Ingredients: 59 % MCT* fat powder (coconut oil, acacia gum), 30 % **whey** protein isolate (with emulsifier lecithine (sunflower)), L-leucine, flavouring, acacia fibre, thickening agent xanthan gum, sweetener sucralose, colouring beta-carotene, salt. * MCT= Medium chain triglycerides.

| Average nutritional values | per 100 g | per daily serving (40 g of powder) |
|----------------------------------|---------------------|--|
| Energy | 2242 kJ 542 kcal | 897 kJ 217 kcal |
| Fat | 42 g | 17 g |
| of which saturates | 42 g | 17 g |
| Carbohydrates | 1,3 g | 0,5 g |
| of which sugars | 0,6 g | < 0,5 g |
| Fibre | 16 g | 6,2 g |
| Protein | 31 g | 13 g |
| Salt | 0,46 g | 0,18 g |
| Other substances | | |
| Medium chain triglycerides (MCT) | 41,3 | 16,5 |
| Amino acids | | |
| total | 9,5 g | 3,8 g |
| of which free form | 7,5 g | 3,0 g |

Use: For one serving mix 20 g of powder (= 2 level measuring spoons) with 150 ml of water in a shaker for 20 seconds. Take 1 serving per day in the morning after getting up and 1 serving in the afternoon between your meals.

Important information:

Do not exceed the stated recommended daily dose. This product should not be used as a substitute for a balanced and varied diet and a healthy lifestyle.

Store out of reach of young children.

Protein contributes to the maintenance and growth of muscle mass.

Store in a cool and dry place. Unopened best before end of/lot n°: see bottom

**Contents: 600 g
(15 servings)**