

ENERGYBODY SYSTEMS

MEGA PROTEIN H2O

Ginger-Orange Flavour

Calcium contributes to normal energy-yielding metabolism.

Protein concentrate for the preparation of a shake. With sweeteners. Flavour: ginger-orange.

Ingredients: milk protein (55 %)^{1,2}, whole milk powder (15 %)^{1,2}, whey protein isolate (14 %)², thickener konjac, acid malic acid, psyllium husk powder, flavouring, ginger powder (1.3 %), orange fruit powder (maltodextrin, orange juice concentrate (0.4 %), acidity regulator citric acid), emulsifier lecithins (sunflower), sweeteners (acesulfame K, sucralose, cyclamate, saccharin), colour beta-carotene. Gluten-free.

Allergens: MILK.

¹ thereof total 45.6 % casein ² thereof total 20 % whey protein

Average nutritional values	per 100 g	% NRV* per 100 g	per serving (30 g/250 ml water)	% NRV* per serving
Energy	1520 kJ 359 kcal		456 kJ 108 kcal	
Fat of which saturates	5.0 g 3.0 g		1.5 g 0.9 g	
Carbohydrate of which sugars	11 g 8.8 g		3.3 g 2.6 g	
Protein	62 g		19 g	
Salt	0.41 g		0.12 g	
Calcium	1321 mg	165 %	396 mg	50 %

*Percentage of the nutrient reference values for daily intake (= NRV)

Recommended use: Mix 30 g powder (= 2 heaped measuring spoons) with 250 ml water per serving. Take 1-2 servings per day. Especially recommended after training.

Important note: This product is not a substitute for a balanced and varied diet and a healthy lifestyle.

Amino acids per 100 g pure protein*			
L-Leucine**	9.6 g	L-Isoleucine**	5.3 g
L-Lysine**	8.0 g	L-Methionine**	2.6 g
L-Phenylalanine**	4.4 g	L-Threonine**	4.5 g
L-Tryptophan**	1.4 g	L-Valine**	6.0 g
L-Histidine	2.8 g	L-Arginine	3.4 g
L-Cysteine	1.1 g	Glycine	1.8 g
L-Alanine	3.4 g	L-Serine	5.0 g
L-Proline	8.8 g	L-Tyrosine	4.6 g
L-Asparagine + L-Aspartic acid	7.9 g	L-Glutamine + L-Glutamic acid	19.7 g

** essential amino acids

Store in a cool and dry place.

Content: 2.4 kg (= 80 servings, equals 4 x 600 g bags)

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