

# MEGA PROTEIN VEGAN

## Chocolate Flavour

### Nutritional Information

**Protein concentrate (74 %) for the preparation of a shake. With sweeteners.**

Ingredients: Rice protein, pea protein, fat-reduced cocoa powder (7,8%), flavouring, thickening agent xanthan gum, sweeteners (steviol glycosides, sucralose).

Average nutritional values	per 100 g	per serving (30 g/300 ml of water)
Energy	1628 kJ 386 kcal	488 kJ 116 kcal
Fat	6,7 g	2,0 g
of which saturates	2,1 g	0,6 g
Carbohydrates	3,4 g	1,0 g
of which sugars	1,6 g	0,5 g
Protein	74 g	22 g
Salt	0,93 g	0,28 g

### Amino acids per 100 g of pure protein

L-Leucin(e)*	8,6 g	L-Arginin(e)	8,4 g
L-Isoleucin(e)*	4,1 g	L-Cystein(e)	3,7 g
L-Lysin(e)*	4,9 g	Glycin(e)	4,6 g
L-Methionin(e)*	2,7 g	L-Alanin(e)	5,3 g
L-Phenylalanin(e)*	5,3 g	L-Serin(e)	4,2 g
L-Threonin(e)*	2,8 g	L-Prolin(e)	4,2 g
L-Tryptophan*	1,6 g	L-Tyrosin(e)	3,5 g
L-Valin(e) *	6,4 g	L-Asparagin(e) + L-Asparaginsäure/ L-Aspartic acid	9,2 g
L-Histidin(e)	2,3 g	L-Glutamin(e) + L-Glutaminsäure/ L-Glutamic acid	18,0 g

\* = essential amino acids

**Use:** For one serving mix 30 g of powder with 300 ml of water in a shaker for 20 seconds. Take 1-2 servings per day.

**Important information:** This product does not replace a balanced and varied diet and a healthy lifestyle.

**Store in a cool and dry place.**

**Contents: 750 g (= 25 servings)**