

FITNESS BAR

Vanilla Flavour

Nutritional Information

Bar with carbohydrates (57 %).

Ingredients: White chocolate (sugar, cocoa butter, whole **milk** powder, emulsifier **soy** lecithins, flavour), fructose syrup, **milk** chocolate (17 %) (sugar, cocoa butter, whole **milk** powder, cocoa mass, emulsifier **soy** lecithins, flavour), glucose syrup, protein enriched **whey** powder, **milk** protein, dextrose, palm fat, **yoghurt** powder, rice-**wheat** crispies (rice flour, **wheat** flour, **barley** malt extract) flavour, vitamin C, vitamin E, vitamin B1, vitamin B6. May contain traces of **peanuts** and other **nuts**.

Average nutritional values	per 100 g	% NRV* per 100 g	per serving (35 g)	% NRV* per serving (35 g)
Energy	1825 kJ 434 kcal		639 kJ 152 kcal	
Fat	17 g		5,9 g	
of which saturates	10 g		3,6 g	
Carbohydrates	57 g		20 g	
of which sugars	47 g		16 g	
Protein	14 g		4,8 g	
Salt	0,24 g		0,08 g	
Vitamins				
Vitamin C	114 mg	142 %	40 mg	50 %
Vitamin E	17 mg	142 %	6,0 mg	50 %
Vitamin B6	2,0 mg	142 %	0,7 mg	50 %
Thiamine (=Vitamin B1)	1,6 mg	142 %	0,5 mg	50 %

* = Percent of Nutrient Reference Values

Contents: 35 g (= 1 serving)