

MEGA PROTEIN VEGAN

Hazelnut Flavour

Nutritional Information

Protein concentrate (78 %) for the preparation of a shake. With sweeteners.

Ingredients: Rice protein, pea protein, fat-reduced cocoa powder (2,9 %), flavouring, thickening agent xanthan gum, sweeteners (steviol glycosides, sucralose).

Average nutritional values	per 100 g	per serving (30 g/300 ml of water)
Energy	1650 kJ 391 kcal	495 kJ 117 kcal
Fat	6,5 g	2,0 g
of which saturates	1,9 g	0,6 g
Carbohydrates	2,1 g	0,6 g
of which sugars	< 0,5 g	< 0,5 g
Protein	78 g	23 g
Salt	0,94 g	0,28 g

Amino acids per 100 g of pure protein

L-Leucin(e)*	8,7 g	L-Arginin(e)	8,4 g
L-Isoleucin(e)*	4,1 g	L-Cystein(e)	3,8 g
L-Lysin(e)*	4,9 g	Glycin(e)	4,6 g
L-Methionin(e)*	2,7 g	L-Alanin(e)	5,3 g
L-Phenylalanin(e)*	5,3 g	L-Serin(e)	4,2 g
L-Threonin(e)*	2,8 g	L-Prolin(e)	4,2 g
L-Tryptophan*	1,6 g	L-Tyrosin(e)	3,5 g
L-Valin(e) *	6,4 g	L-Asparagin(e) + L-Asparaginsäure/ L-Aspartic acid	9,2 g
L-Histidin(e)	2,3 g	L-Glutamin(e) + L-Glutaminsäure/ L-Glutamic acid	18,0 g

* = essential amino acids

Use: For one serving mix 30 g of powder with 300 ml of water in a shaker for 20 seconds. Take 1-2 servings per day.

Important information: This product does not replace a balanced and varied diet and a healthy lifestyle.

Store in a cool and dry place.

Contents: 750 g (= 25 servings)