

# MAGNESIUM LIQUID

Kiwi-Orange Flavour

## Nutritional Information

**Food supplement with magnesium. With sugar und sweetener.**

**Ingredients:** Water, orange juice (from orange juice concentrate), magnesium citrate, fructose, acidifiers (lactic acid, citric acid), zinc gluconate, vitamin B6, preservatives (sodium benzoate, potassium sorbate), sweetener steviol glycosides, natural flavouring.

| Average nutritional values | per 100 ml        | per serving<br>(30 ml) | % NRV*<br>per serving<br>(30 ml) |
|----------------------------|-------------------|------------------------|----------------------------------|
| Energy                     | 249 kJ<br>58 kcal | 75 kJ<br>17 kcal       |                                  |
| Fat                        | < 0,5 g           | < 0,5 g                |                                  |
| of which saturates         | < 0,1 g           | < 0,1 g                |                                  |
| Carbohydrates              | 7,7 g             | 2,3 g                  |                                  |
| of which sugars            | 7,1 g             | 2,1 g                  |                                  |
| Protein                    | < 0,5 g           | < 0,5 g                |                                  |
| Salt                       | 0,03 g            | < 0,01 g               |                                  |
| <b>Minerals</b>            |                   |                        |                                  |
| Magnesium                  | 1000 mg           | 300 mg                 | 80 %                             |
| Zinc                       | 80 mg             | 24 mg                  | 240 %                            |
| <b>Vitamins</b>            |                   |                        |                                  |
| Vitamin B6                 | 9,3 mg            | 2,8 mg                 | 200 %                            |

\* Percent of Nutrient Reference Values

**Use:** Take 1 serving à 30 ml (see measuring cup) per day. Do not drink Magnesium Liquid directly from the bottle.

**Important information:** Do not exceed the stated recommended daily dose. This product should not be used as a substitute for a balanced and varied diet and a healthy lifestyle. Keep out of reach of young children. Food supplements with magnesium are not suitable for children under the age of 4 years.