



DAILY GLOW PROTEIN

Creamy Vanilla Flavour

Protein concentrate with calcium, magnesium and 10 vitamins for preparing a shake.
With sweeteners. Flavour: Creamy Vanilla.

Ingredients: **Milk** protein (73 %), **whey** protein concentrate (10 %) (with emulsifier lecithins (sunflower)), **soy** protein isolate (8 %), **egg** protein concentrate (3 %), flavouring, magnesium carbonate, L-carnitine (1%), thickener xanthan gum, vitamin C, niacin, vitamin E, pantothenic acid, vitamin B6, vitamin B2, vitamin B1, folic acid, biotin, vitamin B12, sweeteners (cyclamate, saccharin, acesulfame K), colour beta-carotene.

Average nutritional values	per 100 g	% NRV* per 100 g	per serving with water 30 g, 300 ml	% NRV* per serving with water 30 g, 300 ml	per serving with low-fat milk (1,5% fat) 30 g, 300 ml	% NRV* per serving with low-fat milk (1,5% fat) 30 g, 300 ml
Energy	1505 kJ 355 kcal		452 kJ 106 kcal		1044 kJ 247 kcal	
Fat	2,0 g		0,6 g		5,1 g	
of which saturates	1,2 g		0,4 g		3,6 g	
Carbohydrates	3,7 g		1,1 g		16 g	
of which sugars	2,7 g		0,8 g		15 g	
Protein	80 g		24 g		34 g	
Salt	0,53 g		0,16 g		0,51 g	
Vitamine						
Vitamin C	268 mg	334 %	80 mg	100 %	85 mg	107 %
Niacin	53 mg	333 %	16 mg	100 %	16 mg	102 %
Vitamin E	40 mg	333 %	12 mg	100 %	12 mg	101 %
Pantothenic acid	20 mg	335 %	6,0 mg	101 %	7,1 mg	118 %
Vitamin B6	4,7 mg	333 %	1,4 mg	100 %	1,5 mg	110 %
Riboflavin (=Vitamin B2)	4,8 mg	342 %	1,4 mg	103 %	2,0 mg	141 %
Thiamine (=Vitamin B1)	3,7 mg	335 %	1,1 mg	101 %	1,2 mg	111 %
Folic acid	696 µg	348 %	209 µg	104 %	224 µg	112 %
Biotin	169 µg	337 %	51 µg	101 %	63 µg	125 %
Vitamin B12	10 µg	409 %	3,1 µg	123 %	4,3 µg	171 %
Magnesium	312 mg	83 %	93,5 mg	25 %	130 mg	35 %
Calcium	1318 mg	165 %	395 mg	49 %	749 mg	94 %

* Percent of Nutrient Reference Values



Use: For 1 serving mix 30 g of powder (1 sachet) with 300 ml of water or low-fat milk (1,5 % fat) in a shaker. Take 1 serving per day after your workout. **Important information:** This product does not replace a balanced and varied diet and a healthy lifestyle.

Store in a cool and dry place.

Contents: 30 g (1 serving)