



DAILY GLOW PROTEIN

Dutch Chocolate Flavour

Nutritional Information

Protein concentrate (78 %) with magnesium and 10 vitamins for the preparation of a shake. With sweeteners.

Ingredients: Milk protein (67,7 %), **whey** protein (contains emulsifier sunflower lecithins) (8,9 %), **soy** protein isolate (8,9 %), fat-reduced cocoa powder (7 %), **egg** protein powder (3,3 %), magnesium carbonate, L-carnitine (1,0 %), thickening agent xanthan gum, flavour, vitamin C, niacin, vitamin E, pantothenic acid, vitamin B6, vitamin B2, vitamin B1, folic acid, biotin, vitamin B12, sweeteners (cyclamate, saccharin, acesulfame K). May contain traces of **gluten** and **lupine**.

Average nutritional values	per 100 g	% NRV* per 100 g	per serving with water 30 g, 300 ml	% NRV* per serving with water 30 g, 300 ml	per serving with low-fat milk (1,5 % fat) 30 g, 300 ml	% NRV* per serving with low-fat milk (1,5 % fat) 30 g, 300 ml
Energy	1486 kJ 351 kcal		446 kJ 105 kcal		1055 kJ 249 kcal	
Fat	2,4 g		0,7 g		5,2 g	
of which saturates	1,5 g		0,5 g		3,4 g	
Carbohydrates	1,9 g		0,6 g		15 g	
of which sugars	0,9 g		<0,5 g		15 g	
Protein	78 g		24 g		34 g	
Salt	0,63 g		0,19 g		0,57 g	
Vitamins						
Vitamin C	268 mg	335 %	80 mg	101 %	83 mg	104 %
Niacin	54 mg	338 %	16 mg	101 %	17 mg	103 %
Vitamin E	40 mg	334 %	12 mg	100 %	12 mg	101 %
Pantothenic acid	20 mg	336 %	6,1 mg	101 %	7,1 mg	118 %
Vitamin B6	4,7 mg	334 %	1,4 mg	100 %	1,6 mg	111 %
Riboflavin (=Vitamin B2)	4,7 mg	338 %	1,4 mg	101 %	2,0 mg	140 %
Thiamine(=Vitamin B1)	3,7 mg	337 %	1,1 mg	101 %	1,2 mg	112 %
Folic acid	687 µg	343 %	206 µg	103 %	220 µg	110 %
Biotin	167 µg	333 %	50 µg	100 %	60 µg	121 %
Vitamin B 12	8,3 µg	333 %	2,5 µg	100 %	4,0 µg	160 %
Minerals						
Magnesium	347 mg	93 %	104 mg	28 %	140 mg	37 %
Calcium	1029 mg	129 %	309 mg	39 %	669 mg	84 %

* Percent of Nutrient Reference Values

Use: For 1 serving fill up your shaker with 300 ml of water or low-fat milk (3,5 % fat) first, then add 30 g (= 3 measuring spoons) of powder. Shake well and enjoy! Take 1 serving per day after your workout.

Important information: This product does not replace a balanced and varied diet and a healthy lifestyle.

Store in a cool and dry place

Contents: 420 g (=14 servings)