

MAGNESIUM LIQUID

Raspberry flavour

Magnesium contributes to a normal energy metabolism

Food supplement with magnesium, zinc and vitamin B6. With sugar and sweetener.

Ingredients:

Water, red grape juice from red grape juice concentrate, magnesium citrate, fructose, acids (lactic acid, citric acid), zinc gluconate, vitamin B6, preservatives (sodium benzoate, potassium sorbate), sweetener steviol glycosides from stevia, natural flavouring. Lactose-free. Gluten-free.

Average conten	per daily serving (30 ml)	% NRV* per 30 ml
Vitamin B6	2,8 mg	200 %
Magnesium	300 mg	80 %
Zinc	15 mg	150 mg

^{*}NRV = Nutrient Reference Values

Average nutritional values	per 100 ml	per 30 ml
Energy	237 kJ 55 kcal	71 kJ 17 kcal
Fat of which saturates	< 0,5 g < 0,1 g	< 0,5 g < 0,1 g
Carbohydrates of which sugars	7,5 g 7,1 g	2,2 g 2,1 g
Protein	< 0,5 g	< 0,5 g
Salt	0,03 g	< 0,01 g

Use:

Take 1 serving à 30 ml (see measuring cup) per day. Do not drink Magnesium Liquid directly from the bottle.

Important information:

Do not exceed the stated recommended daily dose.

This product should not be used as a substitute for a balanced and varied diet and a healthy lifestyle. Keep out of reach of young children. Food supplements with magnesium are not suitable for children younger than 4 years and could have a laxative effect in susceptible people. Do not take other food supplements with zinc additionally to this product.

Magnesium and vitamin B6 contribute to a normal energy metabolism and to the reduction of tiredness and fatigue.

Protect against direct sunlight and store at room temperature (15 -25 $^{\circ}$ C) . Once opened store in the fridge and use within 6 weeks.

Contents: 1000 ml (= 33 servings)