

VITAMINS + MINERALS

Lemon Flavour

Nutritional Information

Food supplement with vitamins and minerals. With sweetener.

Ingredients: Maltodextrin, acidifier citric acid, magnesium carbonate, sodium citrate, sodium chloride, flavour, vitamin C, sweetener steviol glycosides, niacin, vitamin E, ferrous sulfate, zinc sulfate, manganese gluconate, copper gluconate, potassium iodate, sodium selenite, colours (copper complexes of chlorophyllins, beta-carotene), pantothenic acid, vitamin B6, vitamin B2, vitamin B1, folic acid, biotin, vitamin B12. May contain traces of **egg, lupine, milk, soy** and **gluten**.

Average nutritional values	per serving (15 g)	% NRV * per serving (= 15 g)
Energy	173 kJ 41 kcal	
Fat of which saturates	< 0,5 g < 0,1 g	
Carbohydrates of which sugars	8,4 g 0,7 g	
Protein	< 0,5 g	
Salt	1,25 g	
Vitamins		
Vitamin C	80 mg	100 %
Niacin (NE)	16 mg	100 %
Vitamin E (α-TE)	12 mg	100 %
Pantothenic acid	6,0 mg	100 %
Vitamin B6	1,4 mg	100 %
Riboflavin (= Vitamin B2)	1,4 mg	100 %
Thiamin (= Vitamin B1)	1,1 mg	100 %
Folic acid	200 µg	100 %
Biotin	50 µg	100 %
Vitamin B12	2,5 µg	100 %
Minerals		
Sodium	501 mg	
Magnesium	375 mg	100 %
Iron	14 mg	100 %
Zink/Zinc	10 mg	100 %
Manganese	2,0 mg	100 %
Copper	1000 µg	100 %
Iodine	150 µg	100 %
Selenium	55 µg	100 %

* NRV= Percent of Nutrient Reference Values

Use: For one serving mix 15 g of powder (= 1 measuring spoon) with 200 ml of chilled water in a shaker for 20 seconds. Take 1 serving per day.

Important information: Do not exceed the stated recommended daily dose. This product should not be used as a substitute for a varied and balanced diet and a healthy lifestyle. Keep out of reach of young children.