

OMEGA-3 LIQUID

Lemon Flavour

Nutritional Information

Food supplement. Oil with high content of omega-3 fatty acids (23,9 %)

Ingredients: 99,2 % omega-3 oil extract (from **fish**), natural lemon flavour, antioxydant (tocopherol-rich extracts of natural origin).

Average nutritional values	pro 100 ml	Per serving (5 ml)
Energy	3440 kJ 823 kcal	172 kJ 41 kcal
Fat	91 g	4,6 g
of which saturates	14 g	0,7 g
Carbohydrates	0 g	0 g
of which sugars	0 g	0 g
Protein	0 g	0 g
Salt	0 g	0 g
Other ingredients		
Omega-3-Fettsäuren/Omega-3 fatty acids	22 g	1.100 mg
of which		
EPA(Eicosapentaenoic acid)	7,0 g	350 mg
DHA (Docosahexaenoic acid)	10,0 g	500 mg

Use: Take one serving à 5 ml (= 1 teaspoon) per day. Do not drink **Omega-3 Liquid** directly from the bottle.

Important information: Shake well before use. Possible flocculation does not affect the quality of the product. Do not exceed the stated recommended daily dose. Keep out of reach of young children. This product should not be used as a substitute for a balanced and varied diet and a healthy lifestyle.