

AMINO LIQUID

Sour Cherry Flavour

ENERGYBODY
SYSTEMS

Nutritional Information

Food supplement. With sugar and sweeteners.

Ingredients: Water, collagen hydrolysate (39,4 %), fructose, acidifier (citric acid), glycine (4,1 %), L-tryptophan (0,2 %), preservative (potassium sorbate), flavour, sweeteners (cyclamate, acesulfame K, saccharin), vitamin B6.

Average nutritional values	per 100 ml	per serving (20 ml)	% NRV* per serving
Energy	1190 kJ 280 kcal	238 kJ 56 kcal	
Fat	0 g	0 g	
thereof saturated fatty acids	0 g	0 g	
Carbohydrates	10,0 g	2,0 g	
thereof sugar	10,0 g	2,0 g	
Protein	54,8 g	11 g	
Salt	0,61 g	0,12 g	
Vitamins			
Vitamin B6	21 mg	4,2 mg	300 %
Special ingredients			
Peptiplus® (Collagen hydrolysate)	48 g	9,6 g	
Amino acids (from collagen hydrolysate)			
L-Valine** (BCAA)****	1165 mg	233 mg	
L-Isoleucine** (BCAA)****	730 mg	146 mg	
L-Leucine** (BCAA)****	1310 mg	262 mg	
L-Lysine**	1700 mg	340 mg	
L-Methionine**	435 mg	87 mg	
L-Tryptophan**/**	265 mg	53 mg	
L-Threonine**	630 mg	126 mg	
L-Phenylalanine**	1020 mg	204 mg	
L-Arginine	3545 mg	709 mg	
L-Histidine	535 mg	107mg	
L-Tyrosine	485 mg	97 mg	
L-Proline	6215 mg	1243 mg	
L-Alanine	4325 mg	865 mg	
L-Aspartic acid	2915 mg	583 mg	
L-Serine	1505 mg	301 mg	
L-Glutamic acid	5000 mg	1000 mg	
Glycine***	15205 mg	3041 mg	
L-Hydroxylysine	730 mg	146 mg	
L-Hydroxyproline	5925 mg	1185 mg	

* Percent of Nutrient Reference Values according Food Information Regulation

** essential amino acids

*** from collagen hydrolysate and added as a free amino acid

**** BCAA (Branched Chain Amino Acids)

Use: Shake well before use. Take 1 serving = 20 ml (see measuring cup) per day pure or mixed with water directly after your training. Do not drink Amino Liquid directly from the bottle.

Do not exceed the stated recommended daily dose. Keep out of reach of young children. This product should not be used as a substitute for a varied and balanced diet and a healthy lifestyle.