

# AMINO 16.000

## Flavour Cola

**ENERGYBODY**  
SYSTEMS

**Food supplement with protein hydrolysate and amino acids. With sugar and sweetener.**

**Ingredients:** Water, collagen hydrolysate, L-arginine, L-ornithine hydrochloride, acid: citric acid, fructose, glycine, L-tryptophan, pyridoxine hydrochloride (vitamin B6), preservatives (sodium benzoate, potassium sorbate), flavouring, sweetener: steviol glycosides. **Gluten-free. Free of lactose.**

Average nutritional values	per 100 ml	per serving (30 ml)	% NRV* per serving (30 ml)
Energy	1020 kJ 240 kcal	306 kJ 72 kcal	
Fat of which saturates	< 0,5 g < 0,1 g	< 0,5 g < 0,1 g	
Carbohydrates of which sugars	4,1 g 4,0 g	1,2 g 1,2 g	
Protein	52 g	16 g	
Salt	0,28 g	0,08 g	
<b>Vitamins</b>			
Vitamin B6	16,8 mg	5,0 mg	360 %
<b>Amino acids</b>			
L-Valine** (BCAA***)	936 mg	281 mg	
L-Isoleucine** (BCAA***)	548 mg	164 mg	
L-Leucine ** (BCAA***)	1052 mg	316 mg	
L-Lysine**	1404 mg	421 mg	
L-Methionine**	352 mg	106 mg	
L-Tryptophan**	212 mg	64 mg	
L-Threonine**	704 mg	211 mg	
L-Phenylalanine**	820 mg	246 mg	
L-Arginine	8000 mg	2400 mg	
L-Ornithine	4012 mg	1204 mg	
L-Histidin(e)	392 mg	118 mg	
L-Tyrosine	312 mg	94 mg	
L-Proline	4956 mg	1487 mg	
L-Alanine	3356 mg	1007 mg	
L-Aspartic acid	2264 mg	679 mg	
L-Serine	1248 mg	374 mg	
L-Glutamic acid	3980 mg	1194 mg	
Glycine	10660 mg	3198 mg	
Hydroxylysine	624 mg	187 mg	
Hydroxyproline	4644 mg	1393 mg	
<b>Other ingredients</b>			
Peptiplus® XB (protein hydrolysate from collagen)	38,4 g	11,5 g	

\* Percent of Nutrient Reference Values

\*\* essential amino acids

\*\*\* BCAA (Branched Chain Amino Acids)

**Use:** Shake well before use. Take 1 phial (30 ml) per day. The use directly after your training or before bedtime is especially recommended.

**Important information:** Do not exceed the stated recommended daily dose.

This product should not be used as a substitute for a balanced and varied diet and a healthy lifestyle.

Store out of the reach of young children.

Protect against direct sunlight and store at room temperature (15-25 °C).

**Contents: 20 phials à 30 ml (= 20 servings)**

**Total contents: 600 ml**